

Annette Sym 3 Day Workshop Retreat

23rd, 24th & 25th March 2012
Sunshine Coast, Qld



Spend 3 days with one of Australia's leading weightloss experts, **Annette Sym**, who has sold over 3 million low-fat cookbooks and helped thousands of people to become slim and healthy!

Here are 5 reasons why you can't miss this event:

- ✓ Transition from being overweight to O-WOW!
- ✓ Break through the barriers and overcome the blocks that are holding you back.
- ✓ Find out all of Annette's tips and secrets for long term weightloss success.
- ✓ Discover how to achieve motivation, positivity and quicker results.
- ✓ End the confusion with diets, portion sizes and calorie counting and learn directly from Australia's #1 low-fat cooking and weightloss expert!

LOCATION:

Surfair at Marcoola Beach on the beautiful Sunshine Coast

COST:

\$1297 per person (5 part payment plan available)



This price includes:

Workshop sessions facilitated by the #1 Weightloss Expert, includes Weightloss Solutions, Menu Planning, Motivation, Inspiration & Support

Enjoy Cooking Classes, Goal Setting, a Supermarket visit, plus leading guest speakers all experts in health & wellbeing & so much more!

Enjoy delicious Symply Too Good To Be True meals & snacks, special pamper sessions, bonus gifts, lucky door prizes & exclusive pre & post-Workshop support group facilitated by Annette.

"What a great weekend. It has given me the tools & motivation to start my weight loss journey. Thank you. I know I will succeed to be a healthy person." Sue

"The best thing I did was come to Queensland for the May 2011 Workshop." Narelle

"While I was there I was inspired, motivated, loved, supported and entertained. I feel that I have been provided with the motivation and information to change my life for the better." Julie

This Workshop Retreat will be the start of...

Your new beginning

Your new attitude

The new healthy YOU!

BOOK NOW visit www.symplytoogood.com.au or call (07) 5445 1250